

Spa Beauty NZ

Leadership - Blocks that can impede leadership

Blocks	Self Rate 1-5	Comments	Solutions
Procrastination			
The need to please			
Fear of taking risks			
Indecision			
Low self esteem			
Closed mindless			
Resentment			
Threatened of colleagues			
Fear of what other might think			
Fear of losing			
Feelings of guilt or shame			
The need to work hard			
The need to be perfect			
Fear of not being worthy			
Fear of embarrassment			

Lack of purpose			
Focusing on problems instead of solutions			
Inclination to critics			
Low expectation concerning others			
Fear of my intentions/projects won't be realized Fear of death			
Fear of physical pain			
Fear of being rejected			
Fear of criticism			
Fear of losing the love of someone			
Fear of getting ill health			
Fear of failure			
Fear of love			
Fear of being sentimental			
Fear of boy's club/ woman's			
Feelings of insecurities			
Lack of discipline			
Wanting to quit			